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What Is Meant by "TICI"?

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ABSTRACT

BACKGROUND: In 2003, Higashida et al proposed the Thrombolysis In Cerebral Infarction scale to evaluate angiographic intracranial flow. Our aim is to review how subsequently published studies define TICI.

MATERIALS AND METHODS: We used the ISI Web of Knowledge and SciVerse Scopus databases to search for "TICI" and "thrombolysis in cerebral infarction" and for articles that cited the original TICI paper from January 2004 through May 2012. Articles were categorized according to their definition of the TICI categories, typically grades 0–4, with grade 2 (partial reperfusion) subdivided into 2a and 2b, and rate of contrast entry to the perfused area. In addition, we catalogued the type of redefinitions of TICI subcategory 2 and additions of new categories.

RESULTS: Of 236 articles screened, 74 were included. Eight (11%) explicitly followed the TICI scale as originally defined. Thirty-seven (50%) cited Higashida but did not define their scale. Fifteen (21%) used and explained modified scales. Thirteen (18%) used the term TICI, but did not define the scale and did not cite Higashida. Eighteen (24%) specified a 2a subcategory. Nine defined grade 2a as <67% filling, 6 defined it as <50%, and 3 did not offer a percentage. Two studies added a 2c subcategory. Fifty-two (70%) used a cutoff level to define "successful reperfusion." Of these, 65% used TICI \ge 2, 33% used TICI \ge 2b, and 2% used TICI = 3.

CONCLUSIONS: There is substantial variability in the definition and/or application of the TICI scale in the literature. This variability could considerably impact our understanding of results of revascularization studies.

ABBREVIATIONS: TICI = Thrombolysis in Cerebral Infarction; TIMI = Thrombolysis in Myocardial Infarction

The Thrombolysis in Myocardial Infarction scale is a widely applied, graded response scale for assessment of treatment outcome in the coronary arteries. In 2003, Higashida et al² proposed a seemingly simple modification of the TIMI scale to evaluate intracranial perfusion assessed in cerebral angiography. This new scale, the Thrombolysis in Cerebral Infarction scale, was intended to standardize the grading of angiographic outcomes, particularly for trials of endovascular treatment of acute ischemic stroke (Table 1). As originally described, TICI categories span from no perfusion (grade 0) to complete perfusion (grade 3). The "partial perfusion" category (grade 2) is defined as cases in which contrast passes the obstruction but with rates of entry and washout slower than normal and is subdivided into 2 subcategories, 2a

and 2b. Although the TICI scale has achieved fairly rapid acceptance into the medical literature, the scale was somewhat arbitrarily created and has not been validated or tested systematically.

Although the TICI scale has been criticized because of confusing internal inconsistencies,³ it is still widely used in the literature.⁴ Modifications of the TICI scale have been subsequently proposed, such as a change in the definition of the 2a subcategory (to indicate <50% filling of the vascular territory) or by the addition of a 2c subcategory.⁵ Our current aim is to review published studies that use the TICI scale to describe how the TICI scale is defined and utilized across studies.

MATERIALS AND METHODS

We performed a search of the medical literature by using the ISI Web of Knowledge and SciVerse Scopus databases. We searched for the terms "TICI" and "thrombolysis in cerebral infarction." We also used these databases to search for all articles from January 2004 through May 2012 that cited the original TICI paper. In addition, we reviewed the reference list from all identified articles to identify other papers by using graded response scales for cere-

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Table 1: The original Thrombolysis in Cerebral Infarction perfusion scale²

Category	Title	Description
Grade 0	No Perfusion	No antegrade flow beyond the point of occlusion.
Grade 1	Penetration with Minimal Perfusion	The contrast material passes beyond the area of obstruction but fails to opacify the entire cerebral bed distal to the obstruction.
Grade 2	Partial Perfusion	The contrast material passes beyond the obstruction and opacifies the arterial bed distal to the obstruction. However, the rate of entry of contrast into the vessel distal to the obstruction and/or its rate of clearance from the distal bed are perceptibly slower than its entry into and/or clearance from comparable areas not perfused by the previously occluded vessel.
Grade 2a Grade 2b		Only partial filling (less than two-thirds) of the entire vascular territory is visualized. Complete filling of all of the expected vascular territory is visualized but the filling is slower than normal.
Grade 3	Complete Perfusion	Antegrade flow into the bed distal to the obstruction occurs as promptly as into the obstruction and clearance of contrast material from the involved bed is as rapid as from an uninvolved other bed of the same vessel or the opposite cerebral artery.

bral perfusion, whether or not these papers referenced or utilized the original TICI paper.

In the initial description of the TICI scale in 2003, grade 0 indicates no perfusion as evidenced by no antegrade flow beyond the point of arterial occlusion.² Grade 1 is defined as penetration with minimal perfusion" and applies when the "contrast material passes beyond the area of obstruction but fails to opacify the entire cerebral bed distal to the obstruction." Grade 2 is broadly defined as partial perfusion, which occurs when the contrast material passes beyond the obstruction, opacifies the distal arterial bed, but the rate of entry of contrast and/or its rate of clearance from the vascular bed are slower than comparable areas not perfused by the previously occluded vessel. The opposite cerebral artery or the arterial bed proximal to the occlusion can be used for comparison rates. Grade 2 is subdivided into 2a and 2b. A grade of 2a indicates partial filling (less than two-thirds) of the entire vascular territory and 2b indicates complete filling of the expected vascular territory, but with a perceptibly slower filling rate than normal. Finally, grade 3 is defined as complete perfusion and applies when "antegrade flow into the bed distal to the obstruction occurs as promptly as into the obstruction and clearance of the contrast material from the involved bed is as rapid as from an uninvolved other bed of the same vessel or the opposite cerebral artery."2

With our literature search, we identified a total of 236 articles. We excluded articles that did not relate to the TICI scale (115 articles) and articles that were in languages other than English or that were not accessible in full length (49 articles). We qualitatively assessed whether the definition of TICI in each article adhered to the original definition of the TICI scale and evaluated the articles that were cited when TICI was described. We then accordingly categorized the articles into 4 groups: 1) articles that explicitly stated the scale and followed the original TICI scale completely, 2) articles that did not explicitly define the scale but cited the original TICI paper, 3) articles that defined a modified scale, and 4) articles that used TICI but did not define the scale and did not cite the original TICI paper. We also catalogued the type and number of definitions of subcategory 2a and noted if a subcategory of TICI was used as a threshold for "successful revascularization." This study was exempt from institutional review board review.

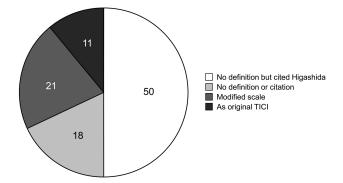


FIG 1. Distribution of definition and citation of the TICI scale in the literature. Articles in the English literature that use the TICI (Thrombolysis in Cerebral Infarction) grading scale, distributed according to definition and citation of TICI.

RESULTS

Of 74 total included articles, 8 (11%) followed the original TICI scale completely and explicitly stated the categories. ⁶⁻¹³ One article claimed to have followed the scale completely but did not state the categories. ¹⁴ Thirty-seven (50%) articles did not explicitly define the scale but still cited the original paper by Higashida et al. ¹⁵⁻⁵¹ Modifications of the TICI scale were used in 15 (20%) articles. ^{4,5,52-65} Of these, 8 cited only the original TICI paper, 4 cited the original TICI paper and other papers, and 3 cited only other papers. Thirteen (18%) articles used TICI but did not define the scale and did not cite the original TICI paper. ^{13,30,56,66-75} These results are depicted in Fig 1.

Eighteen (24%) of articles mentioned the rate of contrast filling in their use of TICI. Most modifications of TICI eliminated the subcategories of 2a and 2b. Only 18 (24%) articles specified a 2a subcategory. Of these, 9 defined 2a as filling of <67% of the affected vascular territory (compatible with the original TICI) and 6 defined 2a as filling of <50% of the affected vascular territory. A 2c subcategory was added in 2 articles, and a category 4 was added in 1 article. Examples of the variability in definitions of TICI categories are detailed in Table 2.

Most articles (n = 52, 70%) defined a threshold within the TICI scale that indicated "successful revascularization" as one of the study end points. Of these, 34 (65%) used TICI \geq 2, 17 (33%) used TICI \geq 2b (although only 1 of these studies defined a precise

Table 2: Varying definitions of TICI grades in the literature

Category	Definition	
Grade 0	No flow	
	No canalization	
	Complete occlusion	
	No recanalization/reperfusion	
Grade 1	Minimal recanalization (<20%)	
	Minimal flow (very slow) without significant flow distal to the occlusion site	
	Limited or no reperfusion	
	Distal movement of thrombus without reperfusion	
	Perfusion past initial occlusion, but limited distal branch	
	Filling	
Grade 2	Partial recanalization—recanalization of some but not all of the occluded	
	arteries	
	Incomplete recanalization/reperfusion	
	Near-normal flow, with flow distal to the occlusion but not filling the distal	
6 1 2	branches normally	
Grade 2a	Perfusion of <50% of the MCA distribution	
	Partial filling of the entire vascular territory	
	Partial perfusion with incomplete distal filling of <50% of expected territory	
Grade 2b	Partial filling of the entire vascular territory	
Grade 20	Partial perfusion with incomplete distal branch filling of ≥50–99% of the expected territory	
	Complete filling, but the filling is slower than normal	
	Perfusion of half or greater of the vascular distribution of the occluded artery	
Grade 2c	Near-complete perfusion without clearly visible thrombus but with delay in	
Grade 20	contrast run-off	
Grade 3	Full perfusion with filling of all distal branches, including M3, M4	
Crude 5	Normal flow	
	Partial recanalization with >50% reperfusion	
	Full perfusion with normal filling of distal branches in a normal hemodynamic	
	fashion	
Grade 4	Complete recanalization/reperfusion	

cutoff for 2b; 67% filling of the vascular territory), and 1 used TICI = 3. These thresholds for successful angiographic revascularization were prespecified in the methods in 40 (77%) of these articles.

DISCUSSION

The term "TICI" connotes a standard and widely accepted metric of revascularization, analogous to the ubiquitous TIMI outcome for coronary revascularization. In the current study, we found substantial variability in how the term "TICI" scale is both defined and used in the recent English literature. Far from being a consistent and universal scale, we noted that only a small minority of studies, by use of the term "TICI" when reporting outcomes after revascularization, actually used the original TICI scale. Furthermore, many studies failed to provide sufficient detail to allow the reader to understand exactly what categories were used. Finally, the definition of successful revascularization varied widely among studies. These current findings are relevant for several reasons.

First, our understanding of the current literature has the potential to be greatly affected by these findings. The modification that changed the cutoff point between TICI subcategories 2a and 2b has particular relevance because a grade on the TICI scale \geq 2b was used as an end point to define successful reperfusion in one-third of the articles that specified this end point in our study. Second, the definition of TICI will affect study design for future trials of endovascular therapy for acute ischemic stroke. The TICI

grading scale is increasingly used to define end points of revascularization success in studies. If we define success as achieving a certain grade of TICI (eg, TICI 2b) but we do not have consistent grading systems, we cannot compare or combine results of clinical studies. To achieve enough patients for studies to be powered adequately, it is necessary for investigators from different centers to collaborate together. Without a standardized grading scale, this will not be possible. It is essential that we communicate clearly with consistent terminology.

To our knowledge, our study is the first to specifically describe the varying definitions of the TICI scale as it is reported in the literature. Others, however, have previously called attention to the confusion surrounding the TICI scale.3,76 In 2007, Tomsick⁷⁶ acknowledged confusion about the different revascularization scales. He noted the inconsistent descriptions and applications in the literature; some focus on recanalization, some focus on reperfusion, and others confusingly (and erroneously) use the terms interchangeably. Letters denoting acronyms for different scales are littered throughout the literature and include the TICI, TIMI, TIBI (Thrombolysis in Brain Ischemia), and AOL (Arterial Occlusive Lesion) scales. In a previous review of the

TICI scale, the inherent inconsistencies within the original TICI scale itself were identified.³ For example, there is no applicable TICI grade for a case in which greater than two-thirds but less than "complete" filling of the vascular territory is visualized. In addition, there is no applicable TICI grade for a partially revascularized territory with normal rate of distal opacification, a scenario not uncommonly encountered.³

The TIMI scale—unlike the TICI scale—has not been the subject of frequent modifications. The definition of the TIMI scale throughout the abundant cardiology literature has not been systemically evaluated, but there is general consensus that when used for the evaluation of myocardial perfusion before and after coronary reperfusion therapies, it is used consistently. In the mid1990s, a quantitative assessment of coronary flow called the corrected TIMI Frame Count (CTFC) was reported in an attempt to standardize the scale,⁷⁷ but the original semiqualitative TIMI scale has continued to be the standard used by interventional cardiologists. However, the TIMI scale cannot be easily applied to the more complex cerebral arteries. One review found that 7 different operationalized versions of the TIMI scale have been used in major stroke trials, emphasizing again the need for a single, uniform, consistent scale for grading of perfusion in cerebral arteries.78

This study has several limitations. Some articles from our literature search were not reviewed because of a lack of accessibility of full-length articles or because they were written in languages

other than English, creating a selection bias. However, increasing the number of studies we reviewed may have increased the observed variability in TICI definitions. Also, the categories into which articles were divided were subjectively chosen and were evaluated by only 2 investigators.

Further opportunities to refine our grading scales and further our understanding of brain reperfusion abound. Weaknesses in current grading scales for cerebral perfusion are not limited to confusing terminology. Vessel recanalization in the treatment of acute ischemic stroke has been shown to be associated with favorable clinical functional outcomes, but when reperfusion is only partial, the clinical relevance of the use of different TICI grade 2 subdivisions is not known. Furthermore, there are few data regarding the intra-observer and interobserver variability when applying the TICI scale to angiography results. It also remains unclear whether it is appropriate to apply TICI to the posterior circulation and whether the degree of collateral flow—particularly in cases with distal M3–4 occlusions—modifies the effect of revascularization (as measured by TICI) on clinical outcomes.

Scales are designed to aid in the objective description of angiographic results, standardize data for research studies, and assist in outcome prediction.⁷⁹ We hope that by clarifying what we mean by "TICI," we will be better able to evaluate the efficacy of revascularization therapies for acute ischemic stroke in the future.

CONCLUSIONS

There is substantial variability in how the TICI scale is defined and applied in the cerebrovascular literature. Few studies provide sufficient detail for readers to understand what is meant by each TICI grade. Because TICI score is increasingly used as an outcome measure in studies of revascularization therapies in acute ischemic stroke, this variability has the potential to considerably impact results and our understanding of these therapies.

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