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Analysis of Morphologic and Hemodynamic Parameters for Unruptured Posterior Communicating Artery Aneurysms with Oculomotor Nerve Palsy

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ABSTRACT

BACKGROUND AND PURPOSE: Posterior communicating artery aneurysms with oculomotor nerve palsy may imply sudden enlargement of the aneurysm sac and have a high risk of rupture. Our aim was to identify the morphologic and hemodynamic parameters in this special period of aneurysm progression and to assess related rupture risk indices.

MATERIALS AND METHODS: We analyzed the morphologic and hemodynamic parameters of 9 unruptured posterior communicating artery aneurysms with oculomotor nerve palsy and 9 ruptured ones. The morphologic parameters were measured and calculated from patient-specific 3D rotational angiographic images, and pulsatile computational fluid dynamic simulation was then performed for hemodynamic parameters.

RESULTS: There was no significant statistical difference between the 2 groups in size, aspect ratio, size ratio, aneurysm angle, or vessel angle; analysis only demonstrated a significantly lower wall shear stress of the aneurysm wall in the symptomatic unruptured group in hemodynamics ($P = .024$), whereas there were no differences in wall shear stress of the parent artery, low wall shear stress area, and oscillatory shear index.

CONCLUSIONS: From morphologic and hemodynamic perspectives, we demonstrated that posterior communicating artery aneurysms with oculomotor nerve palsy had characteristics similar to those of ruptured ones, except for lower wall shear stress on the aneurysm wall, which might indicate an important role in aneurysm rupture.

ABBREVIATIONS: IA = intracranial aneurysm; PcomA = posterior communicating artery; CFD = computational fluid dynamics; AR = aspect ratio; SR = size ratio; WSS = wall shear stress; LSA = low wall shear stress area; OSI = oscillatory shear index

Rupture risk evaluation for an unruptured intracranial aneurysm (IA) is the critical factor for clinical decision-making. Many studies using image-based computational fluid dynamics (CFD) to evaluate rupture risk for unruptured IAs by hemodynamic and morphologic characteristics have been reported, however, most compared findings with ruptured IAs.^{1,2} The CFD

study of ready-to-rupture IAs, which is very difficult in clinical data acquisition, should be more reasonable and revealing but is less practical. Oculomotor nerve palsy occurring in unruptured posterior communicating artery (PcomA) aneurysms is considered a result of the pulsatile compression of sudden enlargement of the aneurysm sac.^{3,4} Neurosurgeons and neurointerventionalists agree that a PcomA aneurysm with oculomotor nerve palsy is at high rupture risk, and it is an indication for urgent treatment. The hemodynamic and morphologic characteristics of this special type of IA with sudden enlargement should be similar to ready-to-rupture aneurysms, and the differences from ruptured PcomA aneurysms would more accurately indicate the hemodynamic and morphologic characteristics facilitating IA rupture. Thus, our aim was to identify the morphologic and hemodynamic parameters in this special period of aneurysm progression and to assess related rupture risk indices.

MATERIALS AND METHODS

Patient Population

The medical records and 3D angiography data of patients with IAs that were diagnosed and treated in our department for the period

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Y. Yu and J. Xu are co-first authors.

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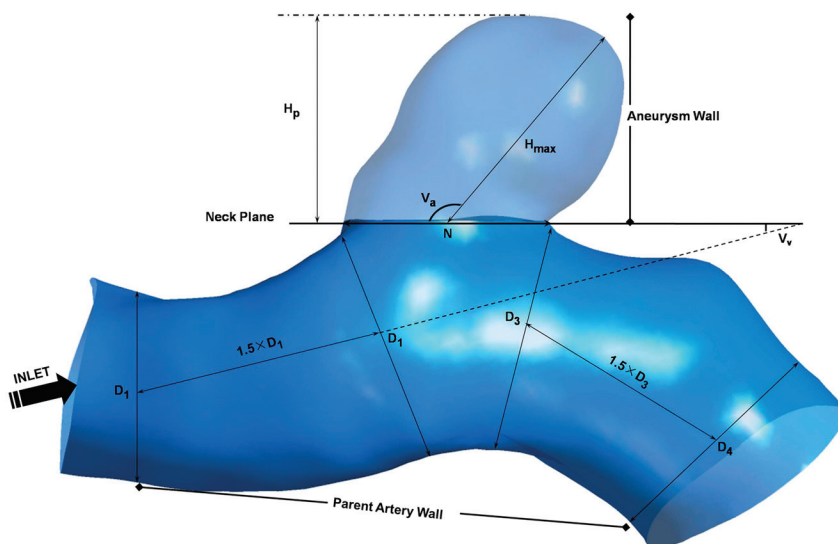


FIG 1. Measurement of morphologic parameters and division of the vessel wall. Size = H_p ; AR = H_p/N ; SR = H_{max}/D_m , where $D_m = (D_1 + D_2)/2$.

2006–2012 were reviewed. Only patients with unruptured PcomA aneurysms who had sudden homolateral oculomotor nerve palsy and whose 3D data were of sufficient quality for further CFD study were included. Nine aneurysms from 9 patients were used in this study. The mean age in this case series was 65.7 years, with a range of 37–82 years. The time interval between the onset of first symptom and admission was 14.3 days on average. The control group consisted of 9 patients with angiographically confirmed ruptured PcomA aneurysms that were chosen randomly from the case library. The institutional review board in our hospital approved this study.

DSA Image Acquisition and Hemodynamic Modeling

Patient-specific 3D rotational angiographic images were obtained by standard transfemoral catheterization of the cerebral vessels with the use of Allura Xper FD20 (Philips, Best, the Netherlands). Stereolithography format files were imported into the software ICEM CFD (ANSYS, Canonsburg, Pennsylvania) to generate volumetric finite-element grids after 3D reconstruction on a 3D workstation (Philips). The number of total elements of each vessel luminal model was approximately 550,000–800,000. We defined the vessel wall as divided into 3 parts: aneurysm wall, parent artery wall, and other vessel wall (Fig 1).

CFX 11.0 (ANSYS) was used for CFD simulation. We simulated 3 continuous 0.8-second pulsatile cardiac cycles.⁵ There are 800 time-steps in each cycle. Blood was considered an incompressible Newtonian fluid with attenuation $\rho = 1.0 \text{ g/cm}^3$ and viscosity $\mu = 0.035$ poise and modeled on the basis of the unsteady Navier-Stokes equations. A traction-free boundary condition was imposed to the outlets. The vessel wall was assumed to be rigid with no-slip boundary conditions.

After simulation, the time-averaged wall shear stress (WSS) of the aneurysm wall and parent artery wall over the second cardiac cycle were calculated. Low wall shear stress area (LSA) was defined as the area of the aneurysm wall where the WSS is $<10\%$ of the mean parent arterial WSS^{5–7} and then normalized by dome area⁷. Oscillatory shear index (OSI) was calculated by the formula de-

scribed by He et al⁸ and then was also averaged over the dome area.

Morphologic Parameter Calculations

Morphologic metrics were calculated from 3D angiographic data obtained and reconstructed as described previously by 2 individuals (Y.Y. and J.X.), and their average values were obtained. All the morphological parameters such as aneurysm size, aspect ratio (AR), size ratio (SR), aneurysm angle (V_a), and vessel angle (V_v) were defined and calculated as described in the study performed by Dhar et al⁹ (Fig 1). Specifically, because most vessels in patients bend in all 3 dimensions, the values of these morphologic parameters depend on the direction from which the geometry is viewed. The correct viewing

plane must be determined as follows before measuring: Aneurysm neck plane is kept parallel with the viewing plane, and the geometry is rotated about the axis that passes through the neck centroid and is perpendicular to the neck plane until the value of apparent vessel angle is minimum.⁹ We considered all the aneurysms to be side wall aneurysms and ignored the effects of posterior communicating artery that are $<0.5 \text{ mm}$ in diameter on morphologic metrics.

Statistical Analysis

First, normality and homogeneity of variance tests were performed by application of Shapiro-Wilk and Levene statistics to all the data, respectively. Considering the small sample size, for data that conformed to both the normality and homogeneity of variance, a 2-tailed Student *t* test was performed to check the statistical significance of the mean difference between the unruptured and ruptured groups, and a nonparametric Mann-Whitney *U* test was used for the assessment of other parameters. Both methods are adequate for small sample size. We hope that proper statistical methods reduce the probability of type 2 error caused by small sample size and the conclusions are reasonable. The *P* value was calculated for each test, and significance was assumed as $P < .05$.

RESULTS

All results are detailed in the Table. Figs 2 and 3 depict the contour of time-averaged WSS and OSI. Because most parameters did not conform to both the normality and homogeneity of variance tests, we then performed a statistical analysis of all the parameters by use of the Mann-Whitney *U* test. All results are recorded as median (25% percentile, 75% percentile) or median \pm interquartile range. The symptomatic unruptured PcomA aneurysms were very similar to ruptured ones in morphology and hemodynamics. There was no significant statistical difference between the 2 groups in any morphologic parameters, such as V_a , V_v , size, AR, and SR. AR in the symptomatic unruptured group was slightly higher than that in the ruptured group (1.35 ± 1.12 versus 0.97 ± 0.49 , $P = .050$). We

demonstrated a lower WSS in the symptomatic unruptured group (5.27 ± 3.20 versus 8.11 ± 4.93 , $P = .024$). For other hemodynamic parameters, including WSS of the parent artery wall, LSA, and OSI, there were no significant differences between the 2 groups.

DISCUSSION

With the development of CFD techniques, more neurointerventionalists are realizing their clinical utility and are trying to use

Statistical analysis of morphologic and hemodynamic parameters

| | Symptomatic Unruptured (n = 9) | Ruptured (n = 9) | P Value |
|------------------------------|--------------------------------------|------------------------|------------|
| V _a | 111.61 (85.30, 125.60) | 101.20 (65.42, 125.15) | .796 |
| V _v | 11.50 (9.77, 17.05) | 11.50 (6.65, 30.65) | .730 |
| Size | 5.73 (4.11, 8.97) | 5.35 (4.63, 6.03) | .546 |
| AR | 1.35 (0.99, 2.14) | 0.97 (0.84, 1.33) | .050 |
| SR | 1.94 (1.51, 3.30) | 1.74 (1.57, 2.53) | .489 |
| WSS of aneurysm wall | 5.27 (3.11, 6.31) | 8.11 (5.57, 10.50) | .024 |
| WSS of parent artery wall | 11.58 (9.13, 12.57) | 13.06 (11.48, 17.02) | .077 |
| LSA | 0.100 (0.001, 0.278) | 0.006 (0.002, 0.667) | .258 |
| OSI | 0.035 (0.008, 0.054) | 0.015 (0.009, 0.042) | .666 |

Note:—All results are recorded as median (25% percentile, 75% percentile); unit of V_a and V_v is degree; unit of size is cm; unit of WSS is Pa.

V_a indicates aneurysm angle; V_v, vessel angle; AS, aneurysm size.

these powerful tools to guide neurointerventional practice in treating IAs. The morphologic and hemodynamic differences between ruptured and unruptured aneurysms were compared among different individuals to evaluate the rupture risk of IAs.^{9–13} However, most of time, we only obtain the postrupture details of an aneurysm and its parent artery. Once an aneurysm ruptures, sudden expansion of a pseudosac or ruptured points may cause great change in intra-aneurysmal hemodynamic environment and mitigate the blood flow to stabilize the ruptured aneurysm. Accordingly, the best way to evaluate the rupture risk of IA is to study the aneurysm in the ready-to-rupture state. A few cases of gross blood-flow characteristics of IA just before rupture have been reported,^{14,15} but without comparison with ruptured aneurysms. The exact morphology and hemodynamics just before aneurysm rupture are not clear yet, but both studies of aneurysms before their rupture demonstrated low WSS on the aneurysm sacs. Some studies revealed lower WSS on ruptured aneurysms than on asymptomatic unruptured ones.^{5,7,16} A CFD study of hemodynamic differences between unruptured and ruptured IAs during observation has been reported recently. Thirteen aneurysms that ruptured during the course of follow-up observation were included in this study, and averaged WSS in the unruptured group was lower than in the rup-

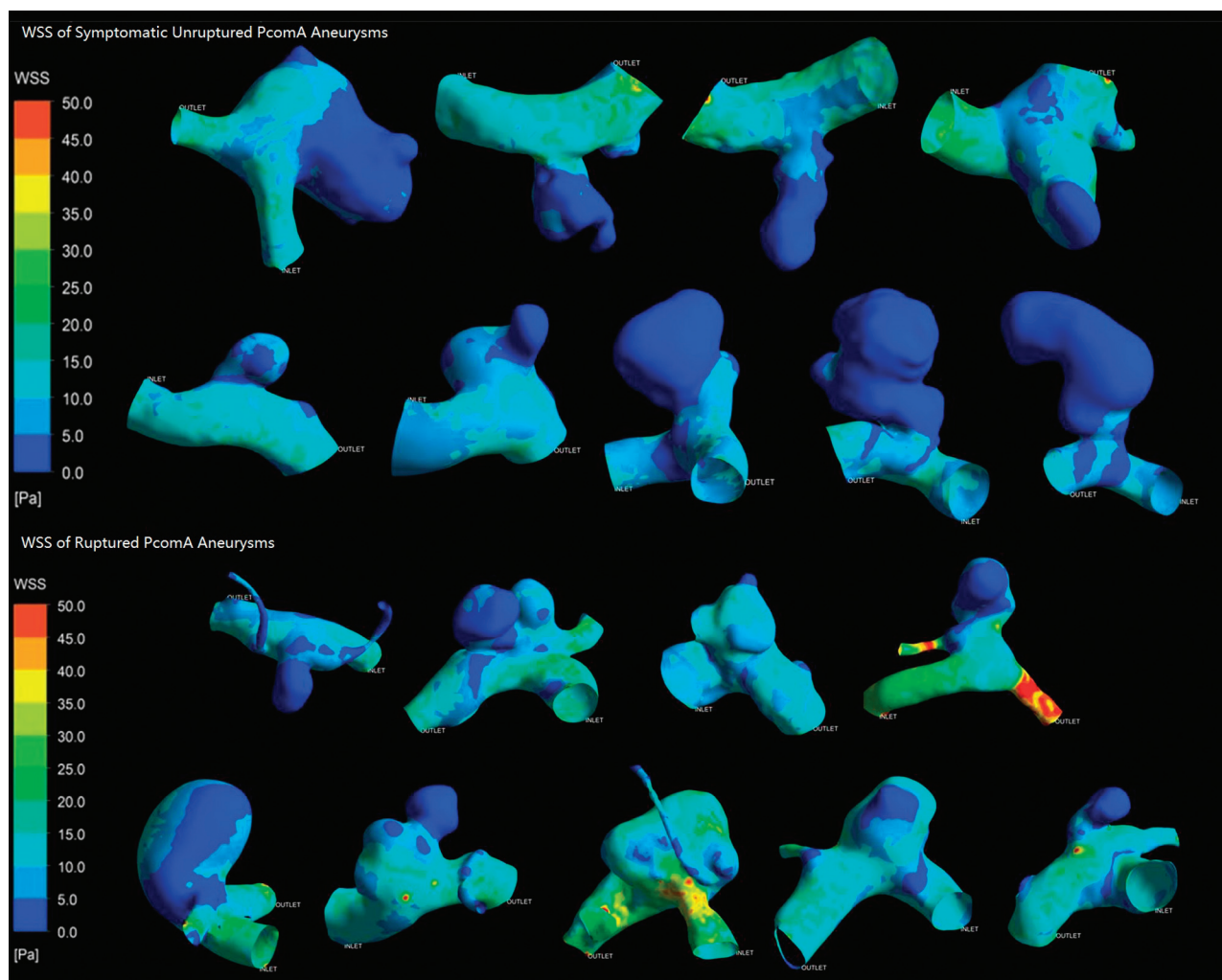


FIG 2. Wall shear stress of symptomatic unruptured and ruptured posterior communicating artery aneurysms.

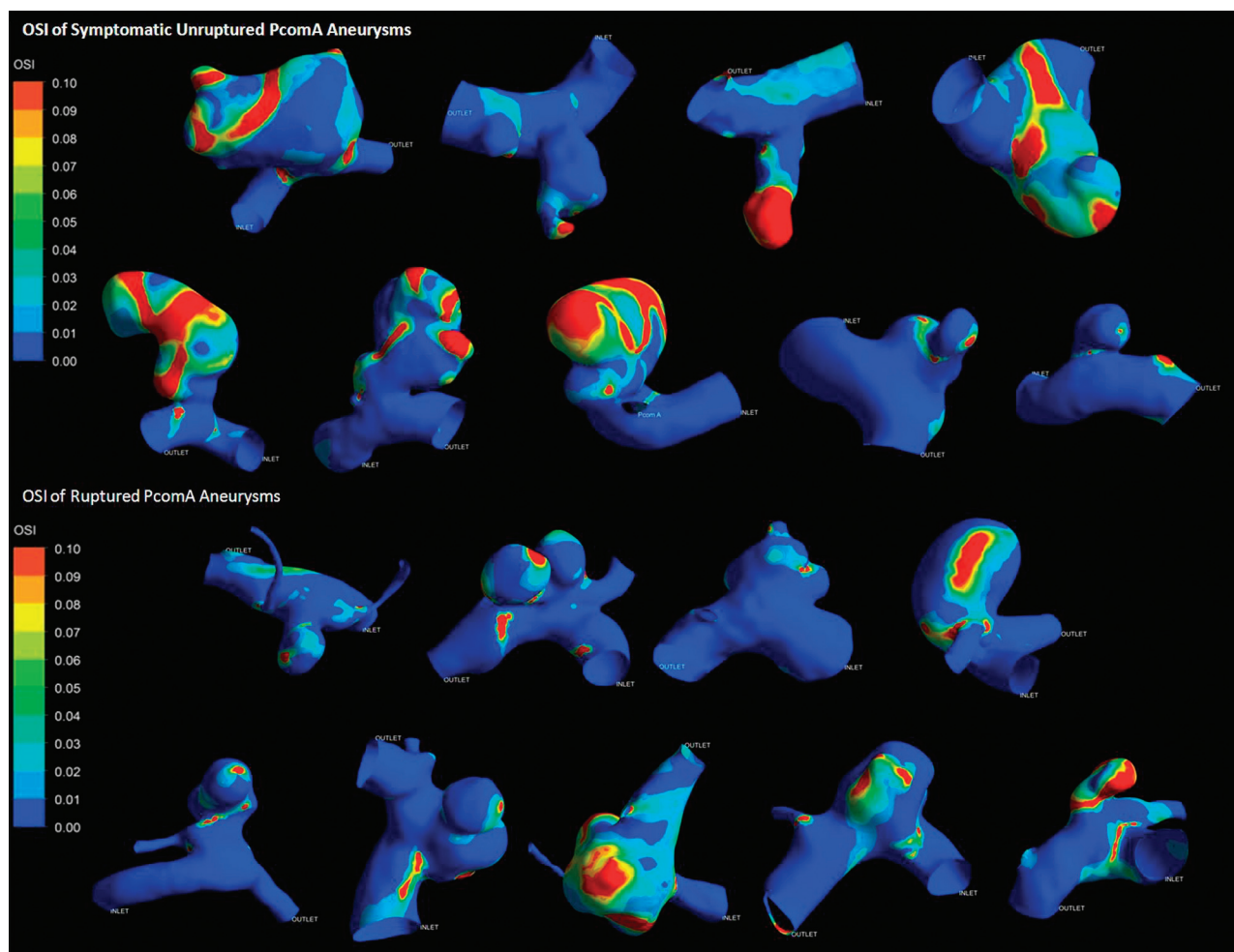


FIG 3. Oscillatory shear index of symptomatic unruptured and ruptured posterior communicating artery aneurysms.

tured group in the MCA. In our study, we also noticed a lower WSS in the unruptured PcomA aneurysms with oculomotor nerve palsy than in the ruptured ones (5.27 ± 3.20 versus 8.11 ± 4.93 , $P = .024$), which is similar to the qualitative trend in the Takao et al study.¹⁷ Also, the AR was larger in the symptomatic unruptured group, and the P value of AR was very close to statistical significance (1.35 ± 1.12 versus 0.97 ± 0.49 , $P = .050$). This means that compared with ruptured PcomA aneurysms, symptomatic unruptured ones have a more irregular shape. Destructive remodeling may take place, which facilitates IA rupture caused by pathobiologic responses induced by low WSS, such as matrix metalloproteinase production by macrophages,^{18,19} increased inflammatory cell infiltration,²⁰ and increased reactive oxygen species.²¹ A recent study performed on an animal model also proved that high AR appears more deleterious to the aneurysm wall with pathologically low WSS.²² Above all, in this case series, it inferred that low WSS might play an important role in aneurysm rupture.

In another study we performed, we analyzed morphologic and hemodynamic parameters of mirror PcomA aneurysms.²³ We found that lower WSS, higher LSA, and higher OSI contribute to aneurysm rupture. However, our results in this study only demonstrated that WSS of the aneurysm wall was significantly different between the 2 groups, instead of LSA or OSI hemodynamically. This discrepancy

may be caused by small sample size, and it may reveal the particularity of these special symptomatic aneurysms in some ways. We should note that all unruptured aneurysms in the previous study were asymptomatic ones. This indicates that PcomA aneurysms with oculomotor nerve palsy, such as symptomatic IAs, might be different from asymptomatic unruptured or ruptured ones, which deserve separate study. Oculomotor nerve palsy is an indication for urgent treatment. This consensus is mainly based on vast clinical observations and physician clinical experience. Statistical analysis of morphologic and hemodynamic parameters revealed that unruptured PcomA aneurysms with oculomotor nerve palsy had almost the same morphologic and hemodynamic characteristics as that of ruptured ones. From this point of view, urgent treatment should be reasonable to prevent severe consequences after aneurysm rupture.

The small sample size is due to the fact that a PcomA aneurysm that has sudden unilateral oculomotor nerve palsy before it ruptures is relatively rare. That was the main limitation of this study. Larger case series are needed for further study and to generalize the result. As a retrospective study, we could not use the patient-specific boundary conditions to perform the CFD simulation. The same and specified initialization settings and inlet boundary conditions made hemodynamic results depend on the geometry of the luminal models. Also, traction-free outlet boundary conditions were another limitation to this study, but proper assump-

tions of outlet boundary conditions must be further investigated.^{7,24} In some cases, it was arbitrary to ignore the influence of the poorly developed posterior communicating artery, the diameter of which was <0.5 mm.

CONCLUSIONS

From morphologic and hemodynamic perspectives, we demonstrated that PcomA aneurysms with oculomotor nerve palsy had characteristics similar to those of ruptured ones, except for lower WSS on the aneurysm wall, which might indicate an important role in aneurysm rupture.

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