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ORIGINAL RESEARCH

K.J. Helton
N.S. Phillips
R.B. Khan
F.A. Boop
R.A. Sanford
P. Zou
C.S. Li
J.W. Langston
R.J. Ogg

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BACKGROUND AND PURPOSE: Conventional MR imaging permits subcategorization of brain stem tumors by location and focality; however, assessment of white matter tract involvement by tumor is limited. Diffusion tensor imaging (DTI) is a promising method for visualizing white matter tract tumor involvement supratentorially. We investigated the ability of DTI to visualize and quantify white matter tract involvement in pontine tumors.

METHODS AND MATERIALS: DTI data (echo-planar, 1.5T) were retrospectively analyzed in 7 patients with pontine tumors (6 diffuse, 1 focal), 4 patient controls, and 5 normal volunteers. Fractional anisotropy (FA) and apparent diffusion coefficient (ADC) were calculated from the diffusion tensor in 6 regions of interest: bilateral corticospinal tracts, transverse pontine fibers, and medial lemnisci. Relationships between FA and ADC values and results of the neurologic examinations were evaluated.

RESULTS: The corticospinal tracts and transverse pontine fibers were affected more often than the medial lemnisci. The DTI parameters (FA and ADC) were significantly altered in all tracts of patients with pontine tumors ($P < .05$), compared with those values in the control groups. A marginally significant ($P = .057$) association was seen between the severity of cranial nerve deficit and decreased FA.

CONCLUSION: DTI provided superior visualization and quantification of tumor involvement in motor, sensory, and transverse pontine tracts, compared with information provided by conventional MR imaging. Thus, DTI may be a sensitive measure of tract invasion. Further prospective studies are warranted to assess the ability of DTI to delineate tumor focality and improve risk stratification in children with pontine tumors.

Diffuse pontine tumors comprise a group of malignant tumors with a much poorer prognosis than that of focal brain stem tumors. Pontine tumors account for about 15% of pediatric brain tumors and comprise approximately 20%–30% of posterior fossa tumors.^{1,2} Histopathologically, these diffuse pontine tumors are usually differentiated WHO grade II fibrillary astrocytomas or WHO grade III anaplastic astrocytomas at diagnosis and are known to infiltrate between normal axonal fibers.² Although the appearance of focal brain stem tumors and that of diffuse brain stem tumors typically differ by conventional MR imaging, distinguishing focal from diffuse involvement is sometimes imprecise. The discovery of a method that distinguishes these 2 types of tumors is valuable because the treatment and prognosis for the brain stem tumors are substantially different.³ On T2-weighted MR images, focal tumors are typically well marginated, often enhance, may be exophytic, and occupy <50% of the axial diameter of the brain stem, whereas diffuse tumors are poorly marginated, rarely enhance, occupy more than 50% of the axial diameter of the brain stem, lack an exophytic component, and commonly engulf the basilar artery.¹

Conventional MR imaging has demonstrated prognostic

value in the treatment of brain stem tumors,² but white matter appears homogeneous on MR images; therefore, this method cannot precisely define essential aspects of tract location, displacement, or invasion. In contrast, diffusion tensor imaging (DTI) detects anisotropic diffusion, thereby allowing the visualization of major fiber tracts in the brain stem. Thus, DTI may provide information about tumor involvement in white matter tracts. Recent work on the application of DTI in supratentorial tumors has explored quantitative values of the apparent diffusion coefficient (ADC) and fractional anisotropy (FA) to characterize tumors,^{4–7} peritumoral involvement of tracts,^{8,9} and the appearance of tumor-altered white matter tracts.¹⁰ On the basis of these studies, DTI has become an important component of preoperative evaluation and treatment planning for patients with supratentorial tumors in certain institutions.⁸

Current management of suspected focal lesions in the brain stem involves stereotactic biopsy or resection,² depending on the location and size of the tumor. Surgical options have an acceptable but real risk^{11–13} and are essential in determining therapy for focal brain stem lesions. To our knowledge, we recently reported the first application of DTI for surgical planning in cervico- and pontomedullary tumors.¹⁴

We report a study in which we tested the hypothesis that invasion of corticospinal, transverse pontine, and medial lemniscal tracts by pontine tumors can be demonstrated by DTI data showing reduced FA and elevated ADC values. We compare and contrast the differences when using DTI between the single patient with a focal tumor and those patients with more diffuse pontine tumors. Additionally, we evaluate the correlation between the degree of tract invasion and neurologic deficits.

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From the Departments of Radiological Sciences (K.J.H., N.S.P., R.B.K., P.Z., J.W.L., R.J.O.), and Biostatistics (C.S.L.), St Jude Children's Research Hospital, Memphis, Tenn; the Department of Neurosurgery (F.A.B., R.A.S.), University of Tennessee Health Science Center, Memphis, Tenn; and Semmes-Murphy Clinic (F.A.B., R.A.S.), Memphis, Tenn.

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Address correspondence to Kathleen J. Helton, MD, Department of Radiological Sciences, Mail Stop 210, St Jude Children's Research Hospital, 332 N. Lauderdale St, Memphis, TN 38105.

Methods

Patient Demographics

DTI data were analyzed in a retrospective study of 3 groups. The experimental group consisted of 6 patients with diffuse pontine tumors and 1 with a focal pontine tumor. The mean age of the patient group was 7.7 years (range, 6–15 years). The second group consisted of 4 patients with cancer, who served as patient controls. The mean age of this group was 16.5 years (range, 12–20 years), and the sites and types of primary tumor were prostatic rhabdomyosarcoma, noncranial metastatic melanoma, pineal glioma, and parafalcine Rosai-Dorfman histiocytic lesion. Patients from these 2 groups underwent MR imaging and DTI procedures at St. Jude during 2002–2003. The third group consisted of 5 healthy adult volunteers who were nonsymptomatic graduate students and MR imaging technicians, whose ages ranged from 21 to 37 years. Clinical data were obtained by chart review, as approved by the institutional review board.

Conventional MR Imaging

MR imaging was performed on a 1.5T Siemens Symphony scanner (Siemens Medical Solutions, Malvern, Pa) by using a quadrature head coil. Conventional imaging included the following: fast low-angle shot T1-weighted images (TR/TE, 165–218/4 ms; field of view [FOV], 158 × 210; section thickness, 5/0-mm gap; matrix, 256 × 256; number of excitations [NEX], 2 in the sagittal, axial, and coronal planes; axial double-echo T2-weighted images (TR/TE, 4000–6000/16–109 ms; FOV, 210 × 210; section thickness, 5/0-mm gap; matrix, 512 × 512; NEX, 2; and axial fluid-attenuated inversion recovery images (TR/TE/TI, 9000–10,000/112/2400 ms; FOV, 158 × 210; section thickness, 5/0-mm gap; matrix, 144 × 256; NEX, 2).

Diffusion Tensor Imaging

Diffusion-weighted echo-planar images were acquired with a double spin-echo sequence¹⁵ (FOV, 230 × 230 × 200 mm; TR/TE, 10 000/100 ms; 4 acquisitions per series). Diffusion encoding was applied along 6 noncollinear directions ($b = 1000$), and 1 image was acquired without diffusion encoding. Image acquisitions were realigned by using the realignment tools within Statistical Parametric Mapping (SPM99, Wellcome Institute of Neurology, London, UK). Diffusion tensors were calculated by using the SPM diffusion toolbox software developed for SPM99 software.¹⁶ FA, ADC, and eigenvector maps were calculated (Figs 1 and 2). To aid in the visualization of the fiber tracts, we used an RGB-orientation color map to demonstrate fiber shape and direction.¹⁷ FA and ADC were evaluated in 6 regions of interest hand drawn under the supervision of experienced neuroradiologists (K.J.H., J.W.L.). The regions of interest were drawn around the bilateral corticospinal tracts, transverse pontine fibers, and medial lemnisci at the level of the middle cerebellar peduncles. Analyses of the DTI data were performed by authors blinded to the results of the patient's neurologic evaluation.

Both conventional MR images (axial pre- and postcontrast T1-weighted and T2-weighted) and color-coded DTI maps were analyzed for obvious tract disturbance and areas of hemorrhage or necrosis. We used regions of interest of the white matter tracts on the color maps to obtain quantitative FA and ADC values. We also used corresponding T2-weighted images at the level of the middle cerebellar peduncles and adapted criteria developed by Witwer et al⁸ to classify fiber tracts into 1 of 5 categories: normal, displaced, edematous, infiltrated, or destroyed. In contrast to the study of Witwer et al, we did not use a contralateral “normal” brain image as a control because

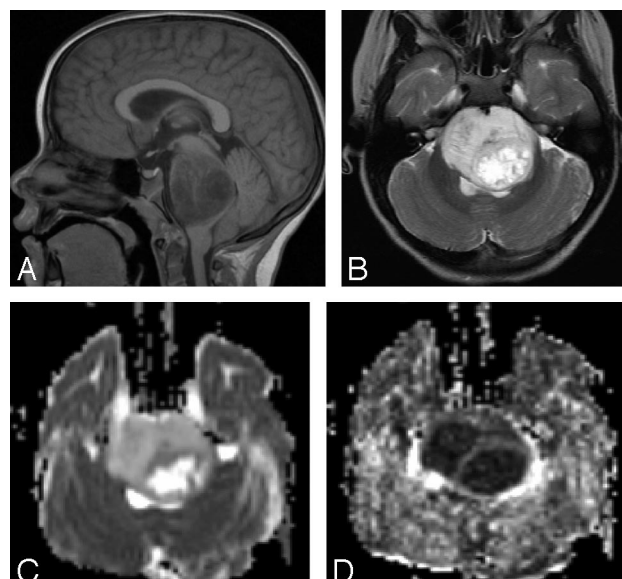


Fig 1. MR imaging and DTI of a 15-year-old patient with diffuse pontine tumor.

A, Sagittal T1-weighted image. The pontine tumor is diffusely infiltrative. **B**, Axial T2-weighted image. The pons appears expanded and hyperintense with an area of focal necrosis. **C**, Axial ADC map. The tumor demonstrates elevated diffusion, and the necrosis is extremely hyperintense. **D**, Axial FA map. The tumor demonstrates diminished fractional anisotropy, and necrosis is hypointense.

diffuse pontine tumors were most often bilateral. We also gathered quantitative ADC data for more in-depth analysis of white matter involvement, though we did not use that information to determine tract involvement, as per the adapted criteria of Witwer et al. Instead, we used the appearance and locations of the corticospinal, transverse pontine, and medial lemniscal tracts on the FA image and color maps.

Classification of Tract Involvement

Quantitative FA and ADC values from the volunteer group were used to define normal anisotropy and location of the tracts. Abnormal tracts displayed high signal intensity on T2-weighted images. “Displaced tracts” were defined as those that maintained normal anisotropy but were in abnormal locations, had an abnormal orientation on the color-coded map, or both. “Edematous tracts” were those that maintained normal anisotropy and orientation but demonstrated high signal intensity on T2-weighted images. “Infiltrated tracts” were those that demonstrated reduced anisotropy but were still identifiable on color-coded maps. “Disrupted tracts” were those that had markedly reduced anisotropy and no identifiable tracts on the color-coded map. Quantitative ADC and FA values from each region of interest in the pontine tumor group were compared with those values from the same region of interest in the patient and volunteer control groups.

Evaluation of Neurologic Deficits

We retrospectively reviewed the neurologic evaluations performed on each patient with pontine tumor before the MR imaging examination. Neurologic information for motor and cranial nerve findings were complete in all 7 patients, though sensory information was present in only 3 patients. DTI region of interest analysis was blinded to neurologic findings. Neurologic deficits were classified into 4 categories: corticospinal (assessment of motor strength, muscle tone, and reflexes), cranial nerve, sensory, and ataxia. The severity of deficit within each category (except sensory) was also graded as follows: ab-

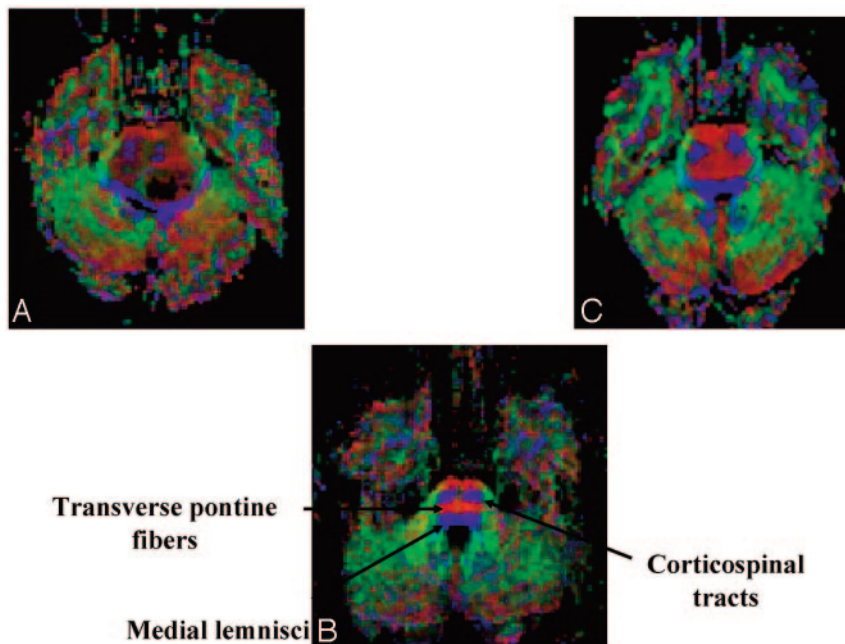


Fig 2. Axial diffusion tensor color maps of the brain stem at the level of the middle cerebellar peduncles.

A, Image of patient with a pontine tumor showing destruction of the normal anisotropy of the corticospinal tracts and posterior displacement of the medial lemnisci.

B, Control image showing normal corticospinal tracts, transverse pontine fibers, and medial lemnisci.

C, Image of patient with a pontine tumor showing a diffusely infiltrating pattern.

sent if no deficit was present; mild if neurologic deficit resulted in no loss of function of the limb or, in the case of cranial nerves, <50% loss of function; moderate if neurologic deficit resulted in loss of function that restricted activity or, in the case of cranial nerves, >50% loss of function; and severe if there was marked loss of function prohibiting activity and complete paralysis in the case of cranial nerves. Sensory deficits were graded as absent if not present, mild if noted by the examiner only, moderate if the patient reported with no loss of function, and severe if loss of sensation affected function of the limb as well. Correlation analyses were then performed to determine whether the neurologic deficit scores were associated with the quantitative DTI measurements of the corresponding anatomic structures.

Statistical Analysis

The exact Kruskal-Wallis test was performed, and if a pair-wise comparison was necessary, the exact Wilcoxon-Mann-Whitney test was also used. All tests were performed by using StatXact five software (Cytel Software Corp, Cambridge, Mass), which was implemented by using SAS version 9.1 (SAS Institute, Inc, Cary, NC). A *P* value of $\leq .05$ was considered statistically significant for the 3-group comparisons, and a *P* value of $\leq .0167$ (ie, $.05/3$) was considered statistically significant for pair-wise comparisons. We combined data from the 2 control groups and compared the combined data with those from the pontine tumor group. Also, we combined datasets of the 2 lower grades (absent and mild) from individual neurologic deficit categories and compared the combined data with those from the moderate/severe grade of the same deficit by using the exact Wilcoxon-Mann-Whitney test; a *P* value of $\leq .05$ was considered statistically significant for these comparisons.

Results

Conventional MR Imaging Evaluation

Tumors ranged in size. The axial dimensions ranged from 2.6 to 4.6 cm (median, 3.3 cm; mean, 3.2 cm), and the anteroposterior dimensions ranged from 1.8 to 4.7 cm (median, 3.6 cm; mean, 3.6 cm). One diffuse tumor had enhancement surrounding a region of necrosis. Tumors were moderately to

severely hypointense on T1-weighted images and moderately to severely hyperintense on T2-weighted images. The focal tumor had both a nonenhancing infiltrative component and an enhancing exophytic component. Tumor mass effect was minimal ($n = 4$), mild ($n = 1$), or moderate ($n = 2$). Only 1 patient had hydrocephalus at the time of imaging, but another patient had previously received a shunt. No tumor hemorrhage or metastatic disease was detected (Table 1).

Neurologic Evaluation

Various combinations of the following symptoms were experienced by the 7 patients with pontine tumors at time of imaging: long tract signs ($n = 3$), cranial nerve deficits ($n = 5$), and ataxia ($n = 4$) (Table 3). Sensory involvement was noted as normal in 3 patients and not recorded in the evaluations of the other 4.

DTI Evaluation

Evaluation of the DTI color maps revealed several patterns of tumor infiltration. Overall, the diffuse pontine tumors appeared to expand the transverse pontine components and, to a lesser extent, the corticospinal tracts (Fig 2). In 3 patients with diffuse pontine tumors, at least 1 corticospinal tract was so infiltrated that both the corticospinal and corticobulbar components were visible (Fig 3A). The corticospinal tracts were displaced ($n = 3$) or remained in their expected locations ($n = 3$) with various degrees of expansion. In 1 patient, the left corticospinal tract was diminished in size and appeared slightly isotropic. In 5 of 6 patients, the sensory tracts (including the medial lemnisci and multiple cranial nerve nuclei) were posteriorly displaced, often thinned, and draped over the substance of the tumor; however, the color map of those tracts indicated that they maintained their anisotropy (Table 1). In contrast, the single focal tumor had both a slightly expanded lateral component involving a nondisplaced left corticospinal tract and an exophytic component outside the motor tracts (Fig 3B).

White Matter Tract Involvement

In accordance with the criteria listed in the Methods section, we classified the status of the white matter tracks in each region of interest by using their appearance on T2-weighted images, the color maps, and FA values. The corticospinal tracts and transverse pontine fibers were more often infiltrated or destroyed than were the medial lemnisci (Table 2).

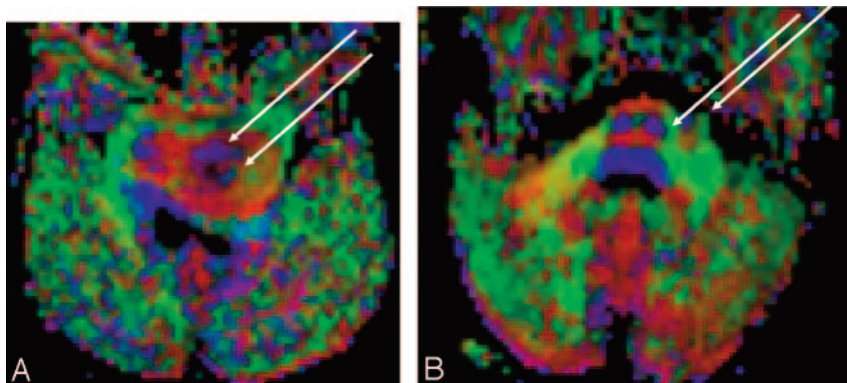


Fig 3. Axial diffusion tensor color maps demonstrating tract invasion.

A, Image of a 6-year-old patient with a diffusely infiltrating pontine tumor. The left corticospinal tract is enlarged, compared with the right, and tumor infiltration separates the corticospinal (anterior arrow) and corticobulbar (posterior arrow) components.

B, Image of an 8-year-old patient with a focally exophytic pontine tumor. Mild lateral expansion of the left corticospinal tract (medial arrow), with focally exophytic tumor (lateral arrow).

Quantitative DTI Analysis

Median FA and ADC values of the pontine tumor cohort at the 6 regions of interest were compared with those in both control groups. The 3-way comparisons revealed that FA values of all 6 tracts were significantly decreased, and ADC values were significantly increased in patients with pontine tumors (Fig 4). In the pair-wise comparisons, the FA values of the pontine tumor group significantly differed from those in the patient controls in the following regions of interest: bilateral corticospinal tract, bilateral transverse pontine, and left medial lemniscus (Fig 4A). A marginal difference was observed in the ADC values of the left corticospinal and bilateral transverse pontine tracts (Fig 4B) and in the FA value of the right medial lemniscus. Interestingly, despite the differences in age and prior therapies in the patient control group, there was no significant difference in any of the regions of interest between the patient control and volunteer groups; only a marginal difference was observed in the ADC value of the right medial lemniscus. Consequently, a pair-wise comparison of data from the pontine tumor cohort and the combined control groups demonstrated significant differences in FA and ADC measures in all 6 regions of interest.

Although we attempted to determine whether there was a correlation between the severity of neurologic deficits in the patients with pontine tumors and the median FA and ADC values of their corticospinal, transverse pontine, and sensory tracts, this analysis was limited by the small sample size because the neurologic examination data were gathered retrospectively and sensory data were incomplete. Despite these limitations, the comparison of severity of cranial nerve deficits with the average FA value of the transverse pontine tract showed a marginal difference ($P = .057$), which could be clinically significant. We compared data from patients with normal or mild cranial nerve deficits with those from patients with moderate/severe cranial nerve deficits. We performed a similar comparison by using data from patients with normal or mild ataxia and those with severe ataxia. There was no significant difference in any comparison.

Discussion

We describe quantitative and significantly altered DTI measurements (FA and ADC) in the brain stem tracts of 7 patients with pontine tumors ($P < .05$), compared with those values in the 2 control groups. Pontine tumors comprise approximately 15% of pediatric brain tumors, and the most common subtype of pontine tumor is diffuse pontine glioma.¹⁸ Most children

with apparent diffuse pontine gliomas die of the disease within 18 months of diagnosis, despite contemporary radiation therapy and chemotherapy.¹⁸⁻²⁰ The current principal diagnostic technique for pontine tumors is MR imaging, and there are several key grading systems that use MR imaging findings to classify brain stem tumors by location and focality.^{3,19,21,22} There is still debate in the literature about whether the presence of enhancement is a useful prognostic sign^{2,21}; however, there is no question that patients with focal tumors, as seen on conventional T2-weighted images, benefit from information obtained from the stereotactic biopsy.

A certain percentage of patients with focal pontine tumors have lower-grade histology; hence, they also have different treatment options and prognoses.¹⁹ Lesniak et al² found that of 57 patients with enhancing brain stem tumors who were surgical candidates, 60% had low-grade histology (30 juvenile pilocytic astrocytoma, 3 ganglioglioma, and 1 oligoglioma), and 40% had higher-grade histology (12 glioblastoma multiforme, 10 fibrillary astrocytoma, and 1 primitive neuroectodermal tumor). Both location and focality as defined by MR imaging have substantial prognostic significance. The probability of 5-year overall survival of patients with tumors of the midbrain ranged from 72% to 100%; that of patients with tumors of the pons was 18%; that of patients with tumors of the medulla ranged from 50% to 64%; and that of patients with focal tumors ranged from 56% to 100%. The 5-year overall survival rate of patients with diffuse brain stem tumors ranged from 18% to 20%.²¹ Six of our 7 patients had classic diffuse pontine tumors, as determined by imaging; 1 patient had a focally invasive tumor with an enhancing exophytic component.

The general imaging features of diffuse and focal pontine tumors have been well described in the literature.^{3,21} We used quantitative DTI to explore the relationships between the involvement of the corticospinal, transverse pontine, and medial lemnisci brain stem tracts in 7 patients with pontine tumors (6 diffuse, 1 focal) with various degrees of invasion. Our analysis revealed both qualitative differences in the DTI color maps and statistically significant differences in the FA and ADC values of these tracts when compared with those of the 2 control groups. Therefore, DTI shows promise in furthering our understanding of the effects of brain stem tumors on nearby white matter tracts.

Stieltjes et al²³ recently used the brain stem as a model to evaluate the ability of quantitative DTI to assess densely packed well-known fiber tracts in 6 healthy adults. They iden-

Table 1: Comparison of conventional MR imaging and diffusion tensor imaging measures in 7 pediatric patients with pontine tumors

Patient No.	Tumor Characteristics			Conventional MR Imaging					Diffusion Tensor Imaging				
	Location	Size (cm)		T1W	T2W	Enhancement	Focality	Necrosis	Mass Effect	Hydrocephalus	Corticospinal Tracts	Transverse Pontine Tracts	Sensory Tracts
1	Midbrain/pons	4.6 × 3.6		Hypo	Hyper	No	No	No	Moderate	Shunt in place	Bilateral sev exp, distinct CB	Sev exp of left tract	Posterior displ, noninfiltrated
2	Pons	3.0 × 3.4		Hypo	Hyper	No	No	No	Minimal	No	Mild exp, lateral displ of right tract Mild reduction, medial deviation, and slightly isotropic left tract	Sev bilateral exp	Posterior displ, noninfiltrated
3	Pons	2.8 × 3.1		Hypo	Hyper	No	No	No	Minimal	No	Bilateral sev exp, minimal posterior displ of right tract	Mild bilateral exp	Normal
4	Pons	3.2 × 4.3		Sev hypo	Sev hyper	No	No	No	Minimal	No	Bilateral sev exp	Sev bilateral exp	Bilateral grossly posterior displ (left > right)
5	Pons	3.8 × 4.5		Sev hypo	Sev hyper	Surrounding necrosis	No	Yes*	Moderate	Mild	Bilateral sev exp, distinct CB	Sev bilateral exp, necrosis	Bilateral grossly posterior displ (left > right)
6	Pons	3.9 × 4.7		Sev hypo	Sev hyper	No	No	No	Mild	No	Bilateral sev exp, posterior displ, distinct right CB	Sev prominently anterior exp	Bilateral grossly posterior displ (left > right)
7†	Pons	1.6 × 1.0 1.0 × 0.8		Hypo	Hyper	Minimal focal	Yes	No	Minimal	No	Mild exp of left tract	Normal	Normal

Note:—hypo indicates hypointense; hyper, hyperintense; sev, severe; exp, expansion; CB, corticobulbar tracts; displ, displacement.

* The necrotic region measured 2.2 × 2.5 cm.

† This patient's tumor had an exophytic component that measured 1.0 × 0.8 cm.

Table 2: Color map assessment of diffusion tensor images of brain stem white matter tracts in 7 pediatric patients with pontine tumors*

Patient No.	Corticospinal Tracts		Transvers Pontine Tracts		Medial Lemnisci	
	Left	Right	Left	Right	Left	Right
1	D/I	I	I	I	D	D
2	I	X/I	I	I	D	D
3	I	I	I	I	D/I	D/I
4	I	I	X/I	X/I	D	D
5	X/I	X/I	X/I	X/I	I	I
6	I	X/I	I	I	N	I
7	I	N	N	N	N	N

* The condition of the tracts was classified as follows: D, displaced; E, edematous; I, infiltrated; N, normal; X, destroyed.

Table 3: Neurologic deficits in 7 pediatric patients with pontine tumors

Patient No.	Neurologic Deficit (Grade* and Location)			
	Corticospinal	Cranial Nerves	Sensory	Ataxia
1	Mild (left)	Mild (left) VI	N/A	Absent
2	Mild (right)	M/S (left) VI, VII, IX	N/A	Absent
3	Absent	Absent	N/A	Absent
4	Absent	M/S (bilateral) VI (left), VII, IX	Absent	M/S (bilateral), worse on left
5	Absent	M/S left gaze, VI, VII, and partial IX	Absent	Severe gait, moderate bilateral limb dysmetria
6	Mild (bilateral), worse on left	M/S (bilateral) VI, IX, worse on right	N/A	Mild gait, left limb dysmetria
7	Absent	Absent	Absent	Mild limb dysmetria

Note:—N/A indicates not available.

* Deficits were classified into 2 grades: absent/mild, and M/S, moderate/severe.

tified the corticospinal tracts; the superior, medial, and inferior cerebellar peduncles; and the medial lemnisci and evaluated their FA and ADC values. In our study, not only were these white matter tracts clearly seen in patients with pontine tumors, but also substantial differences in the FA and ADC values were found in a comparison of the patient and the control groups. Certainly the mean corticospinal tracts and medial lemnisci FA values and standard deviations for our patient control and volunteer groups compared favorably with data published by Stieltjes et al.

Sinha et al⁷ explored the regional mean diffusivity (ADC) values of high-grade gliomas in 9 adults. They found clear quantitative differences in ADC values of different tissues; the highest ADC was observed in the necrotic tumor core, followed by edematous brain, enhancing tumor core, enhancing tumor margin, and normal brain. A recent study comparing quantitative ADC values between 3 basic histopathologic pediatric tumor types (low-grade gliomas, embryonal tumors, and nonembryonal high-grade tumors) in 12 patients demonstrated that ADC is inversely correlated with tumor cellularity.⁴ This finding contributes another diagnostic aspect of tumor characterization. Although we did not examine the boundaries of the diffuse tumors, our finding that the tracts of the patients with pontine tumors had elevated ADC values and were hyperintense on T2-weighted images supports earlier findings of relatively low cellularity of these

infiltrating tumors.² Recent advances in DTI have permitted the evaluation of white matter tract anisotropy and the calculation of the principal eigenvectors of known white matter tracts.^{17,24} Pajevic and Pierpaoli¹⁷ and Pierpaoli et al²⁵ developed methods to create directionally coded color maps of DTI data in which the intensity of the colors corresponds to the magnitude of the anisotropy in the white matter tracts. These and other advances were invaluable in taking DTI color mapping to the clinical arena.^{26,27}

Witwer et al⁸ recently described preoperative DTI color mapping to augment surgical planning in 9 adult patients with supratentorial tumors. In that study, the authors examined the relationships between the primary tumor and characteristics of the nearby white matter tracts (ie, location, orientation, edema, infiltration, displacement, and disruption), compared with the contralateral normal hemisphere. Results from this study substantially improved preoperative planning, and the authors suggested that intact white matter tracts, including those displaced by the tumor but having normal FA values, are present in regions of the brain that appear abnormal on conventional MR images.

In our study, the patterns of diffuse tumor involvement in 6 patients with pontine tumors were similar by conventional imaging, but their patterns of tract involvement were quite varied by DTI. As one would expect, the color map showed evidence of diffuse infiltration of the corticospinal and transverse pontine tracts. We noted bilateral enlargement of the corticospinal and transverse pontine tracts in many patients but frequent apparently random displacement of the individual corticospinal tracts and posterior displacement of the medial lemnisci. Patient 7 had a more focal lesion, which enlarged the left corticospinal tract, and an enhancing exophytic component, which had been stable for years. We also observed that the corticospinal tracts and transverse pontine fibers were more often infiltrated or destroyed than were the medial lemnisci. This finding supports the common clinical triad of presenting symptoms in children with pontine tumors (ie, long tract signs, ataxia, and cranial nerve deficits).¹⁸ Clinical features and conventional MR imaging are important elements of diagnosis and treatment planning for patients with pontine tumors,^{2,3,21} and our findings indicate that DTI evaluation may also contribute to clinical management of such cases. A large prospective study would be necessary to demonstrate a correlation between decreased FA values and severity of neurologic deficits and to determine if there is a threshold below which decreased FA values become clinically apparent.

Although stereotactic biopsy of suspected focal tumors has acceptable risks, attempted partial resections of low-grade tumors for tumor debulking and decompression can result in serious outcomes. Lesniak et al² argued that despite the obvious benefits of careful resection of benign lesions, surgery has serious risks. Whereas most of the patients experienced improvement in neurologic deficits after their surgical procedure, significant morbidity was described (ie, 17.5% experienced moderate disability; 3.5%, severe disability; and 1.7%, vegetative state). We found that DTI (including color maps) provides a wealth of information that, until now, has not been available in surgical planning for patients with pontine tumors. It remains to be seen whether DTI can further our un-

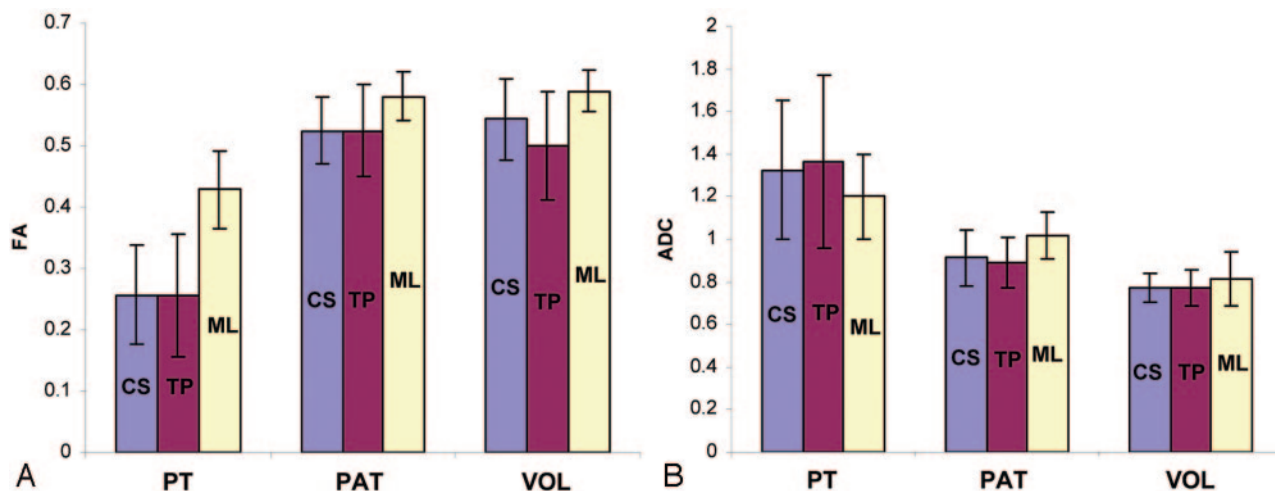


Fig 4. Graphs show diffusion tensor imaging parameters for major white matter tracts in the brain stem.

A, Fractional anisotropy (FA). B, Apparent diffusion coefficient (ADC). Data are shown for the corticospinal (CS, blue bars), transverse pontine (TP, red bars), and medial lemnisci (ML, yellow bars). Subject groups included patients with pontine tumors, patient control (PAT), and healthy volunteer (VOL) groups.

derstanding of tract displacement and infiltration and facilitate surgical planning in patients with known focal lesions.

DTI technology is under rapid development, and the functional and clinical significance of the diffusion properties of brain tissue are unknown. Tropine et al (2004)²⁸ demonstrated that DTI may not reliably distinguish tumor infiltration from vasogenic edema in supratentorial gliomas and glioblastomas. Nimsky et al (2005)²⁹ discovered that though pre- and intraoperative DTI fiber tracking in supratentorial gliomas was possible, there was striking white matter tract shift, emphasizing the need for real-time intraoperative updates. Price et al (2004)³⁰ examined peritumoral DTI white matter “signatures” at 3T field strength and concluded that more work is needed to establish the relationship between DTI parameters and tumor characteristics. Additionally, whereas adult gliomas are most often supratentorial and potentially surgically resectable, pontine gliomas are not. Although we have demonstrated the feasibility of imaging the largest pontine brain stem tracts, classic pontine gliomas are usually diffusely infiltrative and may involve small cranial nerve nuclei and their projecting nerve fibers. DTI in pontine gliomas may help better define the occasional questionable “focal” lesion. Furthermore, DTI in the pons may serve as a useful model system to investigate the relationship between tumor infiltration and diffusion parameters because of the rich structure of the major tracts in the pons.

Other important limitations of this retrospective study were discrepancy in age between the patient and control groups and limited sensory information in the neurologic evaluations in the patient group. Although an age-matched control group is generally the ideal in clinical studies, the median age of our patient group was 7 years. This is well above 2 years, the age of relative stability of FA and ADC values in central white matter pathways³¹; therefore, it is reasonable to assume that the differences in ages between the patient group and control groups in this study did not contribute to differences in the data. Although this study was limited by the small number of subjects, we found a potential clinically significant association between cranial nerve deficit severity and decreased FA.

Conclusion

To our knowledge, this study is the first to evaluate the quantitative DTI measures of FA and ADC in pediatric patients with diffuse and focal pontine tumors and in those with “normal” brain stem, as determined by conventional MR imaging. Our results indicate that DTI analysis can delineate tract invasion and displacement. These tools may help to better discriminate between diffuse and focal brain stem tumors in the future and may be useful for guiding surgical biopsies. DTI analysis also shows promise of providing quantitative measures of risk stratification, prognosis, and treatment response. We conclude that the results from this retrospective study support the expansion of this research in a large prospective study in pediatric patients with pontine tumors.

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